



DISCOVERY RANCH
SOUTH

2024 Student Profile and Treatment Outcomes

How Discovery Ranch South Uses Outcomes Data for Continuous Improvement

At Discovery Ranch South, we're committed to providing top-quality care for struggling teen girls. We use real-time data, outcome tracking, and regular feedback from students, parents, and staff to guide continuous program improvement. This data-driven approach helps our leadership team make informed, timely adjustments that are carefully monitored to ensure they positively impact each student's journey.

Our commitment to Quality Improvement

Discovery Ranch South is deeply dedicated to the continuous improvement of our therapeutic program. This necessitates the real-time measurement of key trends across all operational aspects. Data is continuously collected, compiled, and rigorously analyzed. Furthermore, our leadership team actively seeks feedback through surveys from parents, students, and staff. This vital feedback mechanism allows us to proactively identify areas for enhancement in safety, treatment effectiveness, and the cultivation of a supportive therapeutic environment.

Our ongoing reviews cover critical program elements such as medical support, therapy (individual, group, and family), milieu, nutrition, facilities, academics, parent support, experiential activities, peer culture, psychiatric services, communication, recreation, life skills, and transitional planning.

The Discovery Ranch South leadership team continuously reviews this data and feedback, enabling real-time adjustments and program improvements. This dynamic approach ensures our responsiveness to our students' evolving needs and our consistent pursuit of optimal outcomes.



Impact on your family

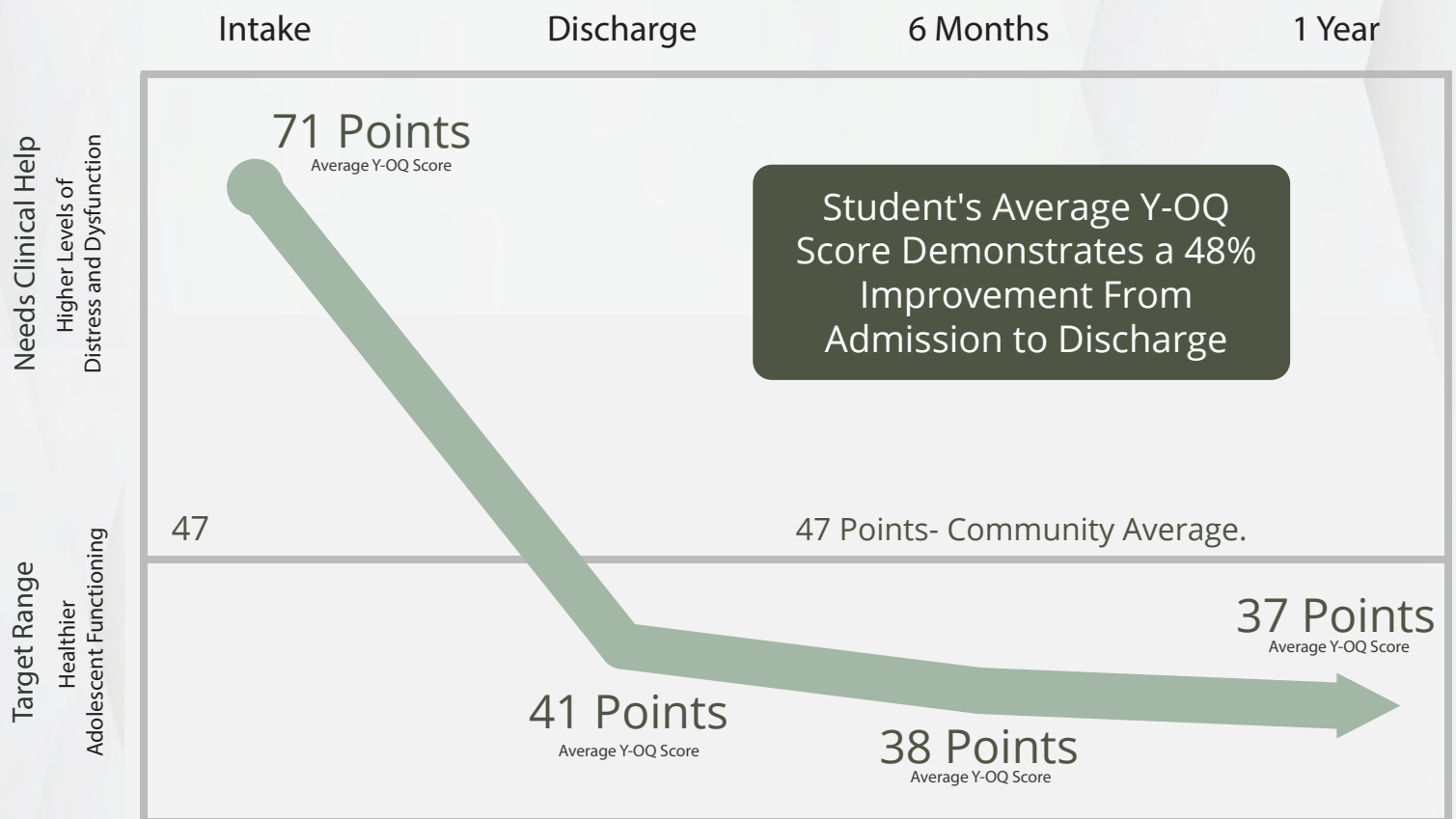
To help you better understand the impact of the Discovery Ranch South program in 2024, this document includes specific data points illustrating the positive outcomes and growth our students have achieved. These key indicators offer a clearer understanding of the transformative impact of our comprehensive and individualized treatment model, designed to support your child's healing and facilitate positive change within your family.

Measurement of Overall Improvement

Youth Outcome Questionnaire (Y-OQ) 2023

The Youth Outcome Questionnaire (Y-OQ) is a tool developed to measure adolescent functioning. The Y-OQ has been validated and normed and is considered useful in measuring the progress of teens who may require outpatient or inpatient treatment. Lower scores mean fewer problems and better functioning. The Y-OQ helps us track improvement directly from their perspective – a vital measure of how they experience their healing journey during and after treatment.

Students complete the Y-OQ at enrollment, discharge, six months, and one year post-discharge. This self-reported data helps us measure progress and long-term impact.



When reviewing Y-OQ scores, it's important to understand that **lower scores indicate better emotional and behavioral health. The goal is to see the scores of our students decrease over time.** A downward trend reflects meaningful progress as students build coping skills, improve emotional regulation, and move toward overall well-being.

34 Point Improvement and Maintained That Score One Year Later

Discovery Ranch South Surpasses Clinical Standard - A 13 Point Change Is Considered Clinically Significant

Student Profile

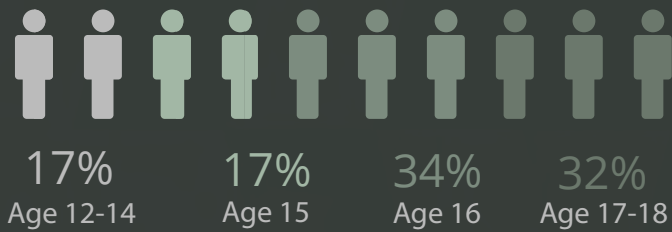
GENDER

Discovery Ranch South accepts students that are assigned female at birth.

INCLUSIVITY

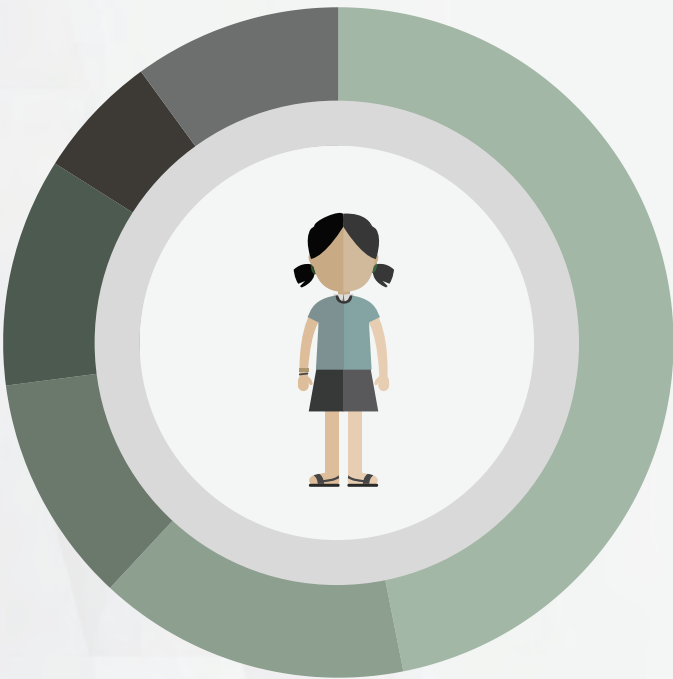
We are committed to fostering an inclusive environment for students from all backgrounds and ethnicities.

AGE



Student Diagnoses + Symptoms

Students at Discovery Ranch South Struggle With The Following Issues



- 47%- Depressive Mood Disorder
- 15% - Trauma/Stress Disorder
- 11% - Anxiety Disorder
- 11% - Attachment Disorder
- 6% - Autism Spectrum Disorder
- 10% - Other



Scan the QR Code to View our Academics Outcomes.

Visit DiscoveryRanch.net to Learn More

Discovery Ranch South has proudly supported over 700 families in the past 13 years.

95% of parents reported being satisfied with the quality of treatment they received at Discovery Ranch South.



96% of students reported feeling like their therapeutic needs were being addressed at Discovery Ranch South.

84% At discharge, 84% of students reported much improvement as a result of completing treatment at Discovery Ranch South.

The research methodology includes the administration of an automated survey to all students at predetermined intervals during treatment for data gathering purposes.

We believe in the potential of individuals
and the ability to restore choice.

Through nurturing relationships
and challenging experiences,
we can all discover hope, passion and
perseverance in the face of life's adversity



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